



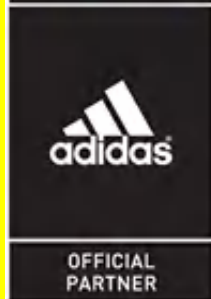
MARCH 2008

The Coerver Minute

COERVER COLORADO WWW.COERVERCOLORADO.COM

"Decision making is being taken away from the athletes – on and off the field – by coaches and other adults in their lives."

– Roy Dunshee,
Coerver Maryland



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Above the Fold: We Have a Winner!

Congratulations to Ed Montojo of our Coerver Colorado coaching staff who has been named Colorado Youth Soccer's Girls Competitive Coach of the Year. Ed works with our Advanced and elite Camp programs during the summer and was a leader in our recently completed Pre-Season Preps program for high school girls. This spring he will lead the FOGplus program at Ft. Logan and be one of our coaches doing Team Training.

Ed's extensive coaching career includes 16 years as head coach of the women's team at Metro State and 13 years coaching boys and girls teams in the Denver Public Schools. He has also coached Colorado Olympic Development Teams. He is currently coaching his daughter Emily's U12 team with the Riverside Soccer Club.

Chelo's Minute: "Permission to Play" - Part One

A unique feature of Coerver Colorado is that every one of our programs follows a detailed written curriculum. We review every element of the curriculum each year, always looking to improve what we're doing. We start each training session and camp day with the words "Let's Get Better." That's a constant feature of our curriculum development process as well.

Soccer is a game where every player is in charge of the game any time he or she has the ball. In an instant the player must choose to pass, dribble or shoot, whether to combine play with teammates or take the "individual option", to play for possession or to risk losing the ball with a more aggressive play toward the goal.

At a meeting of Coerver Affiliates during the annual convention of the National Soccer Coaches Association of America, one of the presenters was Roy Dunshee of Coerver Maryland. In talking about what makes soccer special, he talked about the player's ability to control a game, but added, "Decision making is being taken away from the athletes – on and off the field – by coaches and other adults in their lives."

(continued on the following page)

Early Enrollment Discount Ends This Saturday, March 15

Enrollment for our 2008 camps is at a record pace, with twice as many registrations as this time last year. Guarantee your place and take our 10% EARLY ENROLLMENT DISCOUNT with full payment through Saturday, March 15. If you are unsure of your summer schedule, register for the camp(s) that look like the best fit. If plans change, you can switch to a different camp without an additional fee.

For program information and registration details for the 2008 summer camp season, please visit the "COLORADO CAMPS" section of our website.

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"Permission to Play" (continued)

The game is most enjoyable when players are allowed to make their own decisions – when they are given “Permission to Play”. That idea has become a focus as we complete the annual review of our curriculum. Coerver training is always based on developing a player’s 1v1 ability. As players move into our Advanced and Elite programs, though, we also work on playing in pairs, then 3’s, etc. – where player have choices about what to do with the ball. We will be looking at how each of our activities can be made to maximize opportunities for decision making, both to enhance that ability on the field and to improve a skill that is useful in other aspects of the athletes’ lives, too.

(to be continued)

We’re making other revisions to our Camp Curriculum as well. One addition is instruction in the activities of the Santa Monica Sports Injury Prevention Program (PEP). Serious knee and ankle injuries among soccer players are increasing; they’re becoming an epidemic for girls. The PEP program has been shown to provide significant prc and will increase the focus on the “Great Soccer Habits” introduced last summer.

Spring Fog Plus Sessions Begin Friday, March 14

Snowed out last Friday, our Spring FOGplus sessions will begin this Friday at Ft. Logan and the Kickers Clubhouse in Golden. Spaces remain at Ft. Logan. This is a five session program, more or less every other week, on Friday afternoons. It is open to players U9 and older, with or without prior Coerver® experience, who would like to get some additional work on their soccer skills.

To register, download an application here. Or register online at www.coervercolorado.com.

2008 Coerver Colorado Summer Camp Schedule

Golden, June 2-6 (Mighty Mites, Regular, Advanced)
Littleton, June 9-11 (Mighty Mites, Regular, Advanced)
Longmont/Boulder, June 16-20 (Mighty Mites, Regular, Advanced)
Colorado Springs, June 16-20 (Mighty Mites, Regular Advanced)
Riverside/Fort Logan, June 23-27 (Mighty Mites, Regular, Advanced)
Highlands Ranch, July 14-18 (Mighty Mites, Regular, Advanced, Elite)
Fort Collins, July 21-25 (Mighty Mites, Regular)
Golden/Kickers Clubhouse, July 21-25 (Regular - limited to 100 players)
Greenwood Village, July 28-Aug 1 (Regular, Advanced, Elite)

Free Coaches Clinic, Sunday March 16 - "The 75% Solution"

Coerver Colorado will hold our spring clinic for coaches on Sunday, March 16 at the Stutler Bowl, Cherry Creek High School. The 90 minute clinic will begin at 2 PM.

The clinic will address “The 75% Solution”. We believe that training sessions for players 75% of training time for players U8-14 should be devoted to developing new skills and improving the speed and proficiency of existing skills. The clinic will demonstrate activities to develop the 5 key elements of the solution: 1v1 play, striking the ball with accuracy and power, juggling and the development of the “dynamic first touch”, keep away games, and ways to “exterminate the weaker foot”.

All coaches are invited to attend this free clinic. Be sure to tell your coach.

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