



boulder county **FORCE**

SOCCER CLUB COACHES NEWSLETTER

Volume 11, Issue 9, October/November 2005

www.bcforce.com

A MESSAGE FROM THE HEAD COACH

By John Welsch

With the fall season winding down it's time to start thinking about indoor soccer opportunities. Check with Boulder Indoor Soccer at www.boulderindoorsoccer.com or 303-440-0809, or the Westminster Indoor Center at www.coloradosoccer.com or 303-428-4465. Generally these facilities run two six-week league sessions beginning the middle part of November, so if your team is interested in playing in an indoor league, call soon, because spaces will fill up soon.

Last winter, BC Force offered indoor training at Off The Boards. This winter we will use Boulder Indoor Soccer for practice sessions. Please check this issue for training times and days.

I'm trying to gauge what interest there is in having a series of coaching clinics during the winter months. I'm thinking of having weekly or bi-weekly sessions on a Tuesday or Wednesday evening. Topics to be covered: methods of coaching, team management and administration, tactics, practical field sessions, soccer fitness and game analysis. Please contact Welsch at jnwelsch@yahoo.com by Thursday November 10th if you are interested in these BC Force Coaching Clinics.

Congratulations to former BC Force player **Patrick Huffer** who recently was named New England Small College Athletic Conference Player of the Week. Patrick, a junior at Williams College in Massachusetts, is their leading scorer.

A big thank you to **Rob Johnson** for his efforts in organizing the BC Force College Night. Attendance was terrific and a lot of useful information was delivered to players and parents. All participants received our College Handbook. If you would like to receive a copy, please contact Rob Johnson at bobbyj35@comcast.net.

In this issue you will find Part 3 in our series on formations. This time I'll be presenting to you the 3-5-2 line up.

Also, I found an interesting article 'A Nation of Wimps' by Hara Estroff Marano, which you can find in Psychology Today. I found the article somewhat appropriate in regards to our own teams.

Just a quick reminder that tryouts for the U15 through U18 boys will take place on **Sunday October 30th** at Pleasant View Soccer Complex.

U15's and U16's from 10:00 AM - Noon
U17's and U18's from Noon - 2:00 PM
Coaching Staff

Boys 18 Red: Welsch
Boys 18 Barca: Ashkan Angha
Boys 17 Red: Marcello Balboa
Boys 16 Red: Steve Lepper
Boys 15 Red: Hardy Kalisher
Boys 15 Barca: Balen Arenas
Boys 15 Man U: Justin Taylor

Finally, I'd like to wish all teams a strong finish to the fall season.

BC FORCE Winter Indoor Training

This winter BC Force will conduct indoor training sessions at the Boulder Indoor Center.

Session 1: November 14th until December 23rd.

Session 2: January 2nd until February 10th.

The cost is \$90 per session. Players will be accepted on a first come, first served basis.

This winter's schedule will be as follows:

Mondays:

4:00 PM - 5:00 PM Boys U11's

5:00 PM - 6:00 PM Girls U11's

Tuesdays:

4:00 PM - 5:00 PM Girls U12's

Wednesdays:

4:00 PM - 5:00 PM Boys U12's

5:00 PM - 6:00 PM Boys U13's

Thursdays:

4:00 PM - 5:00 PM Girls U13's

5:00 PM - 6:00 PM Girls U14's

Fridays:

4:00 PM - 5:00 PM Boys U14's

For additional information, please contact Welsch at 303-443-8877, xt. 5.

Olympic Development Program

I'd like to give you a brief update on the current status of the Colorado ODP Program. During the summer 2005 camp cycle Colorado had 34 players chosen in the nine age groups that select regional teams. Over the last year 10 players have also represented Colorado in US National Teams ranging from the U15's all the way to the full National Teams.

In previous years, ODP tryouts were open to everyone who was interested in participating. Players could sign up, participate in several training sessions and then coaches would make cuts to narrow down their selections.

This year, to ensure selection of the top players in Colorado, the state is continuing to revamp the process of player pool formation. For 2005-2006 all of the initial state pools will be formed through club recommendations and scouting. It is important that you understand that CSYSA only wants recommendations for the top 25 players in the state. The CSYSA staff will be evaluating players in league play, tournaments, state cup and training sessions and will have the freedom to bring in players to the pool at any time. For more info on the ODP Program, go to www.csysa.org.

Controlling The Controllable

Taken from www.finesoccer.com

Too many people get caught up worrying about things that are outside of their control and neglect the things within their control.

Some examples are when the official makes a call (beyond your control) and the coach/players let it bother them.. Since the officials decision is final, it's in everyone's best interest to simply accept the call and figure out how to adapt (within your control).

Another example would be when a player makes a bad pass and teammates yell at him for making the mistake. Since the player can't change the pass (beyond your control), it's best to figure out how to win the ball back and then figure out how to give him advice in advance to prevent the mistake (within your control).

If the field is in poor condition (beyond your control), the team can complain about the field, or they can figure out the best way to play given the field conditions (within your control).

If there is bad weather (beyond your control), the team can let it bother them, or they can figure out ways to play in the weather and maybe even use it for their advantage (within your control).

If an opponent is extremely fast (beyond your control), a team can obsess on how fast the opponent is, or they can figure out to compete with a fast team (within your control).

Again, the key is to worry about the things within your control and don't get bogged down worrying about things outside of your control.

A Nation of Wimps

By Hara Estroff Marano

The following article was taken from Psychology Today. I thought it was interesting enough to share excerpts of the article with you.

Summary: Parents are going to ludicrous lengths to take the bumps out of life for their children. However, parental hyper-concern has the net effect of making kids more fragile; that may be why they're breaking down in record numbers.

Maybe it's the cyclist in the park, trim under his sleek metallic blue helmet, cruising along the dirt path....at three miles an hour. On his tricycle. Or perhaps it's today's playground, all-rubber-cushioned surface where kids used to skin their knees. And...wait a minute...those aren't little kids playing. Their mommies, and especially their daddies, are in there with them, coplaying or play-by-play coaching. Few take it half-easy as parents used to do, letting the kids figure things out for themselves. Then there are the sanitizing gels, with which over a third of parents now send their kids to school. Presumably, parents now worry that school bathrooms are not good enough for their children.

Behold the wholly sanitized childhood, without skinned knees or the occasional C in history. "Kids need to feel badly sometimes," says child psychologist David Elkind, professor at Tufts University. "We learn through experience and we learn through bad experiences. Through failure we learn how to cope." Messing up, however, even in the playground, is wildly out of style. Although error and experimentation are the true mothers of success, parents are taking pains to remove failure from the equation.

No one doubts that there are significant economic forces pushing parents to invest so heavily in their children's outcome from an early age. But taking all the discomfort, disappointment and even the play out of development, especially while increasing pressure for success, turns out to be misguided by just about 180 degrees. With few challenges

of their own, kids are unable to forge their creative adaptations to the normal vicissitudes of life. That not only makes them risk-averse, it makes them psychologically fragile, riddled with anxiety. In the process they're robbed of identity, meaning and a sense of accomplishment, to say nothing of a shot at real happiness. Forget, too, about perseverance, not simply a moral virtue but a necessary life skill. These turn out to be the spreading psychic fault lines of 21st century youth. Whether we want to or not, we're on our way to creating a nation of wimps.

Parental protectionism may reach its most comic excesses in college, but it doesn't begin there. Primary schools and high schools are arguably just as guilty of grade inflation. But if you're searching for someone to blame, consider Dr Seuss. "Parents have told their kids from day one that there's no end to what they are capable of doing," says Virginia's Portmann. "They read them the Dr Seuss book *Oh, the Places You'll Go!* And create bumper stickers telling the world their child is an honor student. American parents today expect their children to be perfect, the smartest, fastest, most charming people in the universe. And if they can't get the children to prove it on their own, they'll turn to doctors to make their kids into the people that parents want to believe their kids are."

What they're really doing, he stresses, is "showing kids how to work the system for their own benefit." And subjecting them to intense scrutiny. "I wish my parents had some hobby other than me," one young patient told David Anderegg, a child psychologist in Lenox, MA, and professor of psychology at Bennington College.

In the hothouse that child raising has become, play is all but dead. Many schools no longer have recess. And what play there is has been corrupted. The organized sports many kids participate in are managed by adults; difficulties that arise are not worked out by kids but adjudicated by adult referees.

Kids are having a hard time even playing neighborhood pick-up games because they've never done it, observes Barbara Carlson,

president and cofounder of Putting Families First. “They’ve been told by their coaches where to stand, what to do and when to do it. Kids are losing leadership skills.”

A lot has been written about the commercialization of children’s play, but not the side effects, says Elkind. “Children aren’t getting any benefits out of play as they once did.” From the beginning play helps children learn how to control themselves, how to interact with others. Contrary to the widely held belief that only intellectual activities build a sharp brain, it’s in play that cognitive agility really develops. Studies of children and adults around the world demonstrate that social engagement actually improves intellectual skills. It fosters decision-making, memory and thinking, speed of mental processing.

In his now-famous studies of how children’s temperaments play out, Harvard psychologist Jerome Kagan has shown unequivocally that what creates anxious children is parents hovering and protecting them from stressful experiences. There is in these studies a lesson for all parents. Those who allow their kids to find a way to deal with life’s day-to-day stresses by themselves are helping them develop resilience and coping strategies. “Children need to be gently encouraged to take risks and learn that nothing terrible happens,” says Michael Liebowitz, clinical professor of psychiatry at Columbia University. “They need gradual exposure to find that the world is not dangerous. Having overprotective parents is a risk factor for anxiety disorders because children do not have opportunities to master their innate shyness and become more comfortable in the world.”

Hothouse parenting undermines children in other ways, too. Being examined all the time makes children extremely self-conscious. As a result they get less communicative; scrutiny teaches them to bury their real feelings deeply. And most of all, self-consciousness removes the safety to be experimental and playful. Parental hovering is why so many teenagers are so ironic, he notes. It’s a kind of detachment, “a way of hiding in plain sight. They just don’t want to be exposed to any more scrutiny.”

The end result of cheating childhood is to extend it forever. Despite all the parental pressure, and probably because of it, kids are pushing back, in their own way. They’re taking longer to grow up. Take away play from the front end of development and it finds a way onto the back end. A steady march of success through regimented childhood arranged and monitored by parents creates young adults who need time to explore themselves. There’s historical evidence to suggest that societies that allow kids a few years of latitude and even moderate rebellion end up with healthier kids than societies that pretend such impulses don’t exist.

Parents need to abandon the idea of perfection and give up some of the invasive control they’ve maintained over their children. The goal of parenting is to raise an independent human being. The childhood we’ve introduced to our children is very different from that in past eras. In changing the nature of childhood, we’ve introduced a tendency to assume that children can’t handle difficult situations. Middle-class parents especially assume that if kids start getting into difficulty they need to rush in and do it for them, rather than let them flounder a bit and learn from it. While the adults are at it, they need to remember that one of the goals of higher education is to help young people develop the capacity to think for themselves.

Although we’re well on our way to making kids more fragile, no one thinks that kids and young adults are fundamentally more flawed than in previous generations.

Parental anxiety has its place. But the way things now stand, it’s not being applied wisely. We’re paying too much attention to too few kids, and in the end, the wrong kids. There are kids who are worth worrying about, kids in poverty, stresses Anderegg. “We focus so much on our own children, it’s time to begin caring about all children.”

Understanding the 3-5-2 Formation (Part 3)



Players' Responsibilities on Offense

Goalkeeper: If possible, start the build-up with intelligent distribution. Become part of the team's possession play. Coach and direct play out of the back.

Defenders: Create proper spacing on offense. Be an option behind the ball. Coach the players in front of you.

Defensive Midfielder: Intelligent positional play in the midfield and from there becomes the distributor and playmaker. Organize the shape of the three midfielders.

Attacking Midfielders: The two attacking midfielders need to play off each other. Look to combine with the forwards and make penetrating runs in the spaces next to the forwards.

Outside Midfielders: Create width. Need to get forward in attack and provide the crosses.

Forwards: Play off each other. Function as targets for the team. Keep possession for the team. Get in the box looking to finish.

(Option 2) 'Point forward' vs 'Point back'.

Defensive Midfielders: Intelligent positional play. If one goes, the other stays.

Attacking Midfielder: Look to combine with the forwards and make penetrating runs in spaces next to the forwards.

Players' responsibilities on Defense

Goalkeeper: Coach and direct the players in front of you. Have the ability to come off the line and take care of balls over the top. Keep the ball out of the net.

Defenders: Play as a unit. Pressure, cover and balance. Intelligent defending using a combination of zone and man-to-man.

Defensive Midfielder: Be aware of forward runs by the opponent's midfielders. Organize the two midfielders in front of you. Coaching and directing the three midfielders.

Attacking Midfielders: Intelligent positioning. The three midfielders need to maintain the triangular shape. Track opponent when they're making forward runs.

Outside Midfielders: Pinch in, take away space. Defend ball-side and goal-side. Communicate with the defender on your side.

Forwards: Make play predictable. Work as a tandem.

(Option 2) 'Point forward' vs 'Point back'

Defensive Midfielders: Play as a tandem. If one pressures, the other covers. Position ball-side and goal-side. Intelligent positioning.

Attacking Midfielder: Step up and help the forwards with their pressure on the ball.

What Can You Do To Become The Best Soccer Player You Can Be?

Practice, practice and more practice. Which sounds simple, yet somewhat intimidating. And what does that actually mean? Well, let me try to explain.

If you are on a Red team, you practice three times per week and then you play your game on the weekend. If you are on a second or third team, you practice two (or three) times per week with a game on the weekend. Hopefully, when you practice with your team, your coach has organized a good practice in which you are able to work on your technique, tactics, fitness and the mental aspect of the game.

However, let's get back to the initial question of What Can You Do To Become The Best Soccer Player You Can Be?.

What do you do on the days when you do not

have soccer? Do you play the game without parental and/or coaches' supervision? Do you call your friends, go to the park and scrimmage? Do you find a wall to practice your kicking technique? Do you call a friend and play some soccer tennis? Do you work on your individual moves in your back yard? Do you try to break your juggling record? If you are an older player, do you work on your weaknesses? Do you lift weights to get stronger? Do you run hills to get more powerful and faster?

If you can answer 'Yes!' to these questions, then you are on your way to becoming a better soccer player. Good for you! However, if your PS2, Xbox or 'hanging out with friends' is more important, then, my friend, you have to be realistic as to how far you can really go.

BCF League Results

GIRLS

G18 Red (P2)	7-0-1	Edge 1-1; Evergreen 3-1; Pride 2-0; Denver 6-2; Storm 2-0; LUSA 3-0; Wheatridge 2-1; Storm 4-0
G17 Red (E2)	2-2-1	Pikes Peak 1-1; St Vrain 1-0; Edge 4-1; Real 1-3; Rush 2-3
G17 TH (P2)	6-1-1	Arsenal 0-4; Colorado Ice 5-1; Edge 5-5; St Vrain 5-2; Real 3-0; Pride 8-2; Pride 10-0
G16 Red (P1)	3-3-1	Real 2-1; Denver 1-0; Nova 0-3; Pride 3-1; Arsenal 0-1; Xtreme 1-1; Corinthians 0-1
G16 TH (Cl)	4-2-0	Club Utd 4-0; Denver 1-0; Pride 2-0; Colorado Elite 1-2; Grand Mesa 0-2; Rush 2-1
G16 Pilots (Ch)	4-3-0	Denver 6-0; Bear Creek 0-2; Xtreme 3-0; Steamboat 0-2; Vail 4-1; Trebol 0-2; Pride 4-1
G15 Red (P2)	5-3-1	Westminster 2-0; Greeley 3-0; Broomfield 0-2; Storm 0-1; Real 1-2; Club Utd 9-1; Rush 4-0; CSA 1-1; Arsenal 3-0
G14 Red (P2)	6-0-2	Greeley 3-1; Riverside 1-0; St Vrain 3-0; Edge 1-0; Xtreme 3-0; Real 0-0; Storm 4-2; Rush 3-3
G14 R II (Ch1)	6-0-0	BCF TH 2-1; Storm 5-1; Real 3-0; Colorado Ice 5-0; Xtreme 5-0; Denver 3-1
G14 TH (Ch1)	4-3-0	BCF Red II 1-2; Littleton 0-2; Pride 0-1; Real 0-1; Xtreme 3-2; Rush 1-0; Pikes Peak 1-0
G14 Pilots (Ch2)	1-5-1	Corinthians 1-5; Littleton 0-2; Denver 0-4; LUSA 0-0; Nova 0-5; Trebol 4-1; Skyline 1-3
G14 A (Ch2)	5-2-0	Storm 5-0; Grand Mesa 2-1; Rush 3-1; Riverside 0-3; Trebol 1-5; St Vrain 3-1; Pride 4-0
G13 Red (Cl)	0-4-2	Real 0-3; Edge 1-1; Club Utd 0-1; RM Cougars 0-1; Storm 0-0; Littleton 0-2
G13 TH (Ch2)	1-6-0	Nova 1-2; Pride 2-5; Edge

		1-2; Arsenal 0-6; LUSA 0-2; Greeley 2-6; Littleton 5-1
G12 Red (P1)	2-3-2	Broomfield 2-2; Edge 0-2; Pueblo 3-1; Pride 1-1; Real 1-3; Rush 0-3; Pride 3-1
G12 TH (Ch1)	2-5-1	Rush 1-3; CSA 1-3; Glenwood 0-5; Pride 0-0; Skyline 2-1; Cheyenne 3-2; Explosion 0-2; Broomfield 0-1
G11 Red (P)	1-4-2	Arsenal 0-8; Storm 1-0; Denver 1-2; Pride 0-1; Real 0-8; Xtreme 1-1; CSA 0-0
G11 TH (CI)	1-6-1	Pride 0-3; Xtreme 1-3; Storm 0-4; Pikes Peak 2-0; Arsenal 1-4; Littleton 0-3; Colorado Ice 0-3; Edge 0-0
G11 Pilots (Ch)	3-4-0	LUSA 1-6; Steamboat 0-3; Riverside 3-1; Arsenal 3-0; Real 0-9; Littleton 1-0; Pride 1-2

BOYS

B14 Red (P2)	4-2-0	vs Grand Mesa 9-1; vs St Vrain 1-2; vs Xtreme 0-5; vs Pride 5-1; vs Rush 4-1; vs Littleton 3-1
B14 Barca (Ch1)	4-0-3	vs Chaffee County 6-0; vs Denver 3-1; vs Edge 4-1; vs Greeley 4-3; vs Explosion 2-2; vs Arsenal 2-2; vs Storm 1-1
B13 Red (P2)	6-1-0	vs Broomfield 2-5; vs Greeley 5-1; vs Real 4-1; vs St Vrain 4-0; vs Rush 3-1; vs Laramie 4-2; vs Xtreme 3-2
B13 Barca (Ch1)	4-3-1	vs Club Utd 2-7; vs Canon City 12-0; vs Vail 2-5; vs Pride 3-2; vs Storm 2-2; vs Littleton 1-3; vs Colorado Sting 3-1; vs Rush 5-1
B12 Red (P2)	4-2-2	vs Corinthians 0-1; vs Pikes Peak 2-2; vs Arsenal 2-1; vs Evergreen 3-1; vs Edge 0-2; vs Real 3-3; vs Denver 4-0; vs Storm 3-0
B12 Barca (Ch1)	5-1-0	vs Club Utd 5-2; vs Denver 4-2; vs Rush 4-0; vs Pride 9-0; vs Storm 6-

B12 MU (Ch2)	1-6-0	1; vs Chivas 0-4 vs Trebol 3-2; vs Summit 1-3; vs Edge 1-4; vs Xtreme 1-3; vs Club Utd 1-5; vs Rush 0-1; vs Westminster 0-4
B11 Red (P)	4-3-0	vs Storm 2-1; vs Corinthians 14-0; vs Arsenal 0-3; vs Pikes Peak 3-1; vs Colorado Sting 1- 2; vs Real 4-0; vs Denver 0-2
B11 Barca (Cl)	6-0-1	vs Edge 1-1; vs Explosion 4-1; vs Littleton 1-0; vs Rush 8-0; vs Arsenal 3-1; vs Club Denver 5-3; vs Pride 3-1

THE HIGH SCHOOL PAGE

Alexander Dawson 10-4-0

Alameda	3-0
Kent Denver	0-2
Ralston Valley	4-2
Boulder	2-1
Denver Academy	5-0
RM Lutheran	5-0
Heritage Christian	3-2
Holy Family	2-3
Frontier Academy	4-0
Denver Christian	1-2
Battle Mountain	2-3
Community Christian	5-0
Nederland	7-1
Lutheran Rockies	8-1

Boulder 3-9-2

Littleton	0-0
Broomfield	1-3
Dakota Ridge	3-2
Thomas Jefferson	0-1
Alexander Dawson	1-2
Arvada West	3-2
Longmont	6-1
Fort Collins	0-5
Smoky Hill	0-0
Overland	0-2
Grandview	1-6
Eaglecrest	0-1
Fairview	0-2

Cherry Creek 0-5
Mullen

Centaurus 5-10-0

Sand Creek	1-2
Liberty	0-10
Cheyenne Mountain	2-4
Pueblo Centennial	2-5
Aurora Central	1-6
Steamboat Springs	6-0
Westminster	8-1
Ridgeview	3-1
Hinkley	1-2
Brighton	2-4
Adams City	8-7
Skyview	5-2
Ranum	5-4
Cherokee Trail	2-4
Broomfield	1-11

Fairview 7-6-1

George Washington	5-1
Bear Creek	2-2
Monarch	1-2
Thornton	6-2
Horizon	6-0
Poudre	1-0
Rampart	3-2
Rocky Mountain	1-2
Mullen	2-1
Grandview	0-2
Smoky Hill	0-2

Cherry Creek 0-7
 Boulder 2-0
 Overland 0-4
 Eaglecrest

Monarch 7-6-1

Wheatridge 0-2
 Fairview 2-1
 Grandview 0-1
 Smoky Hill 0-3
 Kennedy 4-0
 Horizon 0-4
 Legacy 1-1
 Poudre 3-2
 Thornton 4-0
 Rocky Mountain
 Loveland 8-0
 Poudre 1-2
 Fort Collins 0-3
 Windsor 2-0
 Northglenn 5-1

Niwot 10-3-1 Longmont 7-6-1

Fort Morgan 3-0	Ft Morgan 5-1
Greeley C 0-1	Poudre 0-3
Sand Creek 7-0	Greeley C 4-3
Northridge 2-0	Sterling 11-0
Skyline 2-1	Mtn View 0-2
Pine Creek 0-1	Thompson V 1-0
Fossil Ridge 1-0	Boulder 1-6
Silver Creek 2-0	Fossil Ridge 1-2
Longmont 1-1	Niwot 1-1
Mountain View 1-0	Silver Creek 3-1
Sterling 8-0	Northridge 8-0
Broomfield 0-5	Skyline 0-3
Thompson V 2-0	Broomfield 1-8
Northridge 3-1	Sterling 9-0

9. Missouri State	9. Florida State
10. Santa Clara	10. Boston College
11. NC State	11. California
12. Maryland	12. Wake Forest
13. California	13. Tennessee
14. Wake Forest	14. Marquette
15. Duke	15. Pepperdine
16. Duquesne	16. Brigham Young
17. UCLA	17. Connecticut
18. Vermont	18. West Virginia
19. Cincinnati	19. Stanford
20. Santa Barbara	20. Texas A&M
21. Buffalo	21. Yale
22. N. Illinois	22. Florida
23. NC Greensboro	23. Purdue

University of Colorado 9-5-2

Vanderbilt	2-1
North Carolina	0-3
Denver	2-2
Wyoming	1-1
UCLA	0-2
USC	0-1
Detroit-Mercy	3-0
Pitt	1-0
Nebraska	1-2
Iowa State	4-0
Oklahoma State	1-0
Oklahoma	1-2
Texas	2-0
Northern Colorado	3-0
Missouri	3-2
Kansas	1-0
Texas A&M	
Baylor	
Texas Tech	

Alumni Update

Noelle Arnaud (Ft Lewis) A freshman goalkeeper.
Dan Biggers (Drew) A senior goalkeeper has played in 14 games and has a GAA of .96. **Zach Chandler** (Ithaca College) A junior has played in 5 games.
Matt Clausen (Hamilton) A senior has played in 11 games and scored 1 goal. **Lea Day** (Loyola-Maryland) A freshman has played in 17 games scoring 1 goal and 3 assist. **Forrest Donoho** (Willamette) A freshman has played in 10 games.
Kalina Ehrenreich (Brandeis) A sophomore defender has played in 12 games. **Thomas Flynn** (Denver) A senior forward has played in 11 games scoring 3 goals. **Lleane Grinditch** (Denver) A

THE COLLEGE PAGE

NCAA Division I

<u>Men</u>	<u>Women</u>
1. Akron	1. Penn State
2. New Mexico	2. Portland
3. Old Dominion	3. North Carolina
4. St John's	4. UCLA
5. North Carolina	5. Santa Clara
6. Connecticut	6. Duke
7. Virginia	7. Virginia
8. Indiana	8. Notre Dame

senior has played in 7 games scoring 5 goals and 1 assist. **Brenna Hindman** (Willamette) A senior has played in 12 games, scoring 2 goals and assisting on 5. **Patrick Huffer** (Williams) A junior midfielder has played in 12 games scoring 6 goals and assisting on 3. **Adam Johnson** (Claremont-Mckenna) A sophomore defender. **Corey Johnson** (UCCS) A senior has played in 8 games. **Dan Jozwiak** (Tufts) A sophomore forward has played in 9 games scoring 1 goal and 4 assists. **Jason Koshi** (St Lawrence) A senior midfielder has played in 8 games assisting on 1. **Matt Lay** (UCCS) A senior defender has played in 13 games with 1 assist. **Kenny Lish** (St Bonaventure) A sophomore goalkeeper has played in 3 games. **Ashley Maciulitis** (Wooster) A senior has played in 14 games, scoring 4 goals and 2 assists. **Ginny Maddox** (Ft Lewis) A freshman has played in 14 games, scoring 2 goals and 3 assists. **Jordan Miller** (Guilford) A freshman has played in 6 games with 2 assists. **Kacey Miller** (Mines) A freshman forward has played in 5 games, scoring 2 goals. **Kristin Moyer** (Kentucky) A senior midfielder has played in 16 games, scoring 2 goals and 4 assists. **Becca Nagel** (St Olaf) A senior defender has played in 14 games. **Travis Orme** (Puget Sound) A senior defender has played in 10 games. **Kevin Owens** (Babson) A sophomore defender has played in 15 games, scoring 1 goal and 1 assist. **Duane Pelz** (Bates) A sophomore midfielder has played in 11 games scoring 3 goals and 2 assists. **Hillary Smallwood** (Ft Lewis) A freshman midfielder has played in 10 games. **Emily Sterling** (Wooster) a senior midfielder has played in 14 games scoring 1 goal. **Chelsea Tronick** (CSU-Pueblo) A senior forward has played in 10 games scoring 3 goals. **Linda Vande Hey** (Mesa State) A senior midfielder has played in 15 games scoring 1 goal. **Kevin Westerwick** (Regis) A freshman forward. **Alyssa Woodbury** (Utah Valley) A senior midfielder has played in 12 games.