



boulder county
Force

soccer for life

www.bcforce.com

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Vision

No matter your age, and no matter your skill level, the Boulder County Force empowers you to become a superior soccer player. With teams that service all age groups and all levels of play, we enable our players to compete at their highest potential - from their first soccer experience through the rest of their lives.

Beyond specific skills, our organization instills traits in our players that are useful long after the last whistle blows. Character. Sportsmanship. Discipline. Fitness. Achievement. And winning and losing the right way.

Whether you're an 5-year-old child or middle-aged adult, you'll count your experiences with the Boulder County Force as an indelible part of your life. And you'll acquire a love of the game - for all the right reasons - that will last your lifetime.



Values

Community

Across multiple levels, a strong sense of community is what drives our organization. We are rooted in our local community - here to serve greater Boulder County. We are also part of the global soccer community, working to become a stronger voice within it every year.

And most importantly, we are our own community - connected by a common purpose, an intimate camaraderie, open communication, and the shared values that shape our every move.

Character

Every drill, every practice and every game has the building of character as a driving objective. This is the one trait that we demand that all our players embody. For us, character means possessing not only the will to win - but also the discipline. It means putting the team before the individual. And it means that whether we win or lose, we do so with honor and respect.

Passion

Put simply, we love soccer. And we love all that it stands for. Our passion filters through every aspect of what we do - apparent both on and off the field. It makes us relentless in the pursuit of all our objectives. And most importantly, it keeps our club fun.

Achievement

We are a results-focused organization. For us, it's not just about the efforts we make - but also about the final outcome of those efforts. We are our own toughest critics, constantly looking for new ways to achieve the results we want. For us, the concept of winning is multi-faceted. There is the critical component of winning on the soccer field. As important, building character, developing superior skills, gelling our teams, and instilling a love of the game in each of our players, is also critical to how we approach winning at the Boulder County Force.



Force Youth Player Development Model

Factors	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5
Ages	U5-U7	U8-U10	U11-U12	U13-U15	U16-U18
Levels of Play	Recreational	Recreational / Pre-Competitive	Recreational / Competitive	Recreational / Competitive	Competitive
Coaching Focus	1. Social 2. Technical 3. Psychological 4. Physical 5. Tactical	1. Technical 2. Social 3. Physical 4. Tactical 5. Psychological	1. Technical 2. Tactical 3. Physical 4. Social 5. Psychological	1. Technical 2. Tactical 3. Physical 4. Psychological 5. Social	1. Tactical 2. Technical 3. Physical 4. Psychological 5. Social
Coaching Annually*	40-80 hours	100-200 hours	150-320 hours	150-400 hours	150-540 hours
Training Emphasis	Self Discovery	Self Discovery / Individual	Individual	Individual / Small Groups and Units	Small Groups and Units / Whole Team
Training Format	1 vs. 1 to 3 vs. 3	1 vs. 1 to 8 vs. 8	1 vs. 1 to 9 vs. 9	4 vs. 4 to 11 vs. 11	4 vs. 4 to 11 vs. 11
Player Evaluation	Informal verbal	Informal verbal	Formal written and verbal	Formal written and verbal	Formal written and verbal
Coaching	Volunteer Team Coaches with Pro Staff Coach Support	Volunteer Team Coaches / Pro Staff Trainers	Paid Team Coaches & Pro Staff Trainers (Competitive) / Volunteer Team Coaches (Rec)	Paid Team Coaches & Pro Staff Trainers (Competitive) / Volunteer Team Coaches (Rec)	Paid Team Coaches & Pro Staff Trainers (Competitive)

CONTINUM OF DEVELOPMENT



Benefits of Being a Force Soccer Player

Functional benefits are tangible elements that are relevant to the player. *Emotional* benefits are element that make the player feel a certain way. *Self-expressive* benefits are how the player thinks about him or herself.

Functional	Emotional	Self-Expressive
<ul style="list-style-type: none"> • Soccer skills • Quality of coaches • Opportunity to compete • Team building • Build friendships • Challenges leading to growth • Lifelong fitness • Teamwork • Sportsmanship • Work ethic • Learning how to compete • Time management skills • Commitment • Discipline • Breadth of offering • Travel • Make HS/College team • Exposure to college coaches 	<ul style="list-style-type: none"> • I feel confident • Passion • Joy • Camaraderie • This is exciting • I feel pride in myself and my teammates • This is fun • This is thrilling • I am fulfilling my potential • I keep getting better • I am having a great time • I am doing what I love • I am lucky to be here 	<ul style="list-style-type: none"> • I am a leader • I am a winner • I am a good decision maker • I am an athlete • I am a role model • I am confident in myself • I am the best • I am a good team mate • I am a soccer player • I am a good parent



Programs and Resources for Members

Pro Staff Coaching for All Force Teams

Pro Staff Coaches and Directors provide additional training and coaching oversight to every team.

Winter & Summer Camps

Winter indoor soccer camp and summer camps provide ample opportunity for year long training.

College Advisory Program

Workshops and counseling for high school players with aspirations to play collegiate soccer.

High Performance Program

Olympic Development Program, National Level Tournaments, Speed, Agility and Quickness Training, Summer training for college bound players, Participation with Force adult teams.

Coaching Education

Force hosts the Boulder Coaches Symposium. Force coaches pursue licenses and continued education. BCF host it's own coaching certificate for recreational and competitive coaches.

Parent Education

Force commits resources towards educating parents about parenting young athletes.

Goalkeeper Training

Force hires goalkeeper trainers to provide weekly in-season training specifically for goalkeepers.

Tournament and International Travel

Force teams participate in local, national and even international tournaments. Tournaments and travel have been identified by players as their favorite part of club soccer participation.

Communication and Administrative Support

Full-time Force staff provides office hours 6 days a week. Comprehensive website, newsletters and emails keep membership informed about the Force and the local soccer community.



Recreational & Developmental Academy

Recreational Soccer Program (K-8th Grade)

Recreational soccer is a fun way to be active, enjoy playing on a team and learn the basics of soccer in a fun and community-oriented environment. The Force offers recreational leagues for K-8th grades. Teams play in the fall and/or spring. Our goal is to provide every child the opportunity to play soccer in a FUN, organized and inspiring environment.

Developmental Academy (Under 9 and 10) & Pre-Competitive League

A positive and fun soccer experience with appropriate soccer development opportunities for EVERY player within the context of the Force coaching philosophy. Each player is trained by Force Pro Staff Trainers twice a week with a goal of inspiring and preparing young players to eventually participate in the Force competitive program. Players participate in twice a week training in a “campus” setting. Training incorporates weekly small sided games to optimize touches on the ball and develop age appropriate game awareness. The Developmental Academy is committed to the individual. Five subjects will be covered over the course of the season. A variety of games and drills with an emphasis on fun and individual improvement will be used to cover these subjects.

1. First touch/ Ball mastery
2. Passing and receiving
3. Defensive 1 v 1 tactics
4. Finishing (shooting / scoring)
5. Creativity





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